



IS AN APPOINTMENT WITH A **GENETICS SPECIALIST** RIGHT FOR YOUR FAMILY?

Sometimes health issues can be caused by changes in our genes. **Genetics specialists** help to determine whether genetic changes may explain the health conditions in a family and offer resources for screening and treatment.

A visit to a genetics specialist can be helpful if you have multiple family members with



Cancer



Unexplained sudden death



Kidney disease



Diabetes without typical risk factors



Epilepsy



Severe vision problems



Hearing issues



Movement disorders



Anemias (low blood counts)



Unusual childhood conditions



Complicated medical issues

How can a visit to a genetics specialist help me?

- ✓ They can assess if the health issue in your family is hereditary and caused by genetic differences that are passed down in the family
- ✓ They can identify who else in the family is at risk
- ✓ They can discuss available screening recommendations for those at risk

For more information about what types of conditions may be inherited OR to find a genetics specialist near you, scan the QR code or visit our website

<https://nymacgenetics.org/maryland/>



NYMAC
regional genetics network

The New York Mid-Atlantic Caribbean Regional Genetics Network (NYMAC) aims to make it easier for families to connect to the genetic services and information they need.



nymacgenetics.org



facebook.com/NYMACGenetics



bit.ly/NYMACyoutube