



ARE YOU CONCERNED ABOUT YOUR FAMILY HISTORY OF **CANCER**?

About **5-10%** of cancers are hereditary, meaning they are caused by genetic differences that are passed down in a family. A meeting with a **cancer genetics specialist** may help determine the cause of cancer in your family and what to do next.

A visit to a genetics specialist can be helpful if...

- ✓ You or your parent, sibling, or child was diagnosed with cancer before the age of 50
- ✓ More than 3 people *on the same side of your family* have been diagnosed with the same type of cancer
- ✓ You or a family member has multiple tumors
- ✓ You or a family member has a rare form of cancer

How can a visit to a genetics specialist help me?



They can assess if the cancer in your family is hereditary



They can identify who in the family is at risk to develop hereditary cancer



They can discuss available screening recommendations for those at risk

For more information about what types of cancers may be hereditary
OR
to find a genetics specialist near you,
scan the QR code or visit our website

<https://nymacgenetics.org/maryland/>



The New York Mid-Atlantic Caribbean Regional Genetics Network (NYMAC) aims to make it easier for families to connect to the genetic services and information they need.