



Explore how genetics could help you and your family

Sometimes health challenges can be caused by changes in our genes. Genetic providers help families learn whether genetic changes may explain the health conditions in their child and how the child/family can best be cared for.

A new statewide effort is helping Virginians navigate and access genetic services. The Virginia Department of Health and the Center for Family Involvement @ VCU have launched a *Genetic Navigator* program to provide support at no charge to families in collaboration with the NYMAC Regional Genetics Network.

Genetic Navigators have lived experience and training to provide 1:1 emotional, informational and systems navigational support for children and adults with disabilities or special health care needs and their family members. They also receive additional genetic systems training through NYMAC.

For more information and assistance on genetics and a wide variety of resources call the **CFI Helpline (877) 567-1122** or email cfihelpline@vcu.edu. If you are interested specifically in assistance for a genetic issue please note that in your message.

Navigating to Hope

